EIPP COMPREHENSIVE HEALTH ASSESSMENT (CHA): Prenatal

Date:		ID Numbe	er:		Indicate CHA: Initial					
Last Name:			First	Name:	DOB:				Age:	
Street Address:			Cit	y:			State: <u>M</u> /	A_ Zip Code:		
Mailing Address:			Cit	y:			State: _	MA_ Zip Co	de:	
Phone Number:			Alternate (Contact:						
OB/GYN Name:						c	B/GYN Phone N	lumber:		
Initial Prenatal Care Began whi	ch trimester (circle one):	1 st 2 nd	3 rd Nu r	mber of P	renatal Visit	s attended thus	far:		
Has Pediatrician been Selected	l (circle one):	Yes/No Pe	ediatrician's Na	me:			Pediatr	rician's Phone N	Number:	
OVERALL LEVEL OF STI	RENGTH:									
	USE CLINIC	AL JUDGE	MENT BASED	ON ASSES	SMENT	OF INDICA	TORS AND CO	PING STRATI	GIES USED	
Overall Level of 0 (Ui	nable to		1 (low)				2 (moderate)			3 (high)
ou ongui 7.0	,0000		1 (1011)				z (moderate)			o (mgn)
PROBLEM LIST:										
Problem	n		Date Identi	fied			Actions Ta	aken		Date Resolved
HOUSEHOLD COMPOSIT	ΓΙΟΝ:									
		# weeks		Plan to				Living in		
Name	Gender	Pregnan	t Date	BF?	Age	DOB	Relation	Home?	English?	Concerns
	F						Self	Yes		
-			•	-						

		Level of Strength							
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)					
1a: Housing	Unable to Assess	 Repeated history /current homelessness At risk of eviction No working phone 	History/at risk of homelessness Owes back rent, fuel & utilities Phone recently disconnected	 History of maintaining long term, stable housing Fuel/Utilities on, paid, & functioning long term Working telephone available 					
1b: Health	Unable to Assess	No health insurance No access to medical or dental care	Healthy Start or Free Care At risk of losing health insurance Some barriers to accessing medical and/or dental care	MassHealth or private insurance Receives medical home with regular care Receives regular dental care					
1c: Education	Unable to Assess	Less than 10 th grade education Unable to set educational or career goals	High school diploma or GED Sets and pursues short term educational and career goals	 College or advanced degree Sets and pursues long tem educational and career goals 					
1d: Economics	Unable to Assess	 No or minimal income FOB not contributing financially Loss of job/school due to pregnancy No child care available No transportation Unable to prioritize or budget 	Unable to meet all basic financial needs FOB sporadically contributes financially Job/school security threatened by pregnancy Sporadic child care available Sporadic transportation available Needs assistance with budgeting and prioritizing	 Adequate income for living expenses FOB contributes financially Job/school accommodating pregnancy Adequate child care available Reliable transportation available Able to budget and prioritize 					
1e: Community Support	Unable to Assess	No culturally & linguistically appropriate information about community resources and services available Overwhelmed and immobilized Unable to access services No social supports and isolated	Limited culturally & linguistically appropriate information about community resources and services available Difficulty in accessing services in the past Has limited friends and family in area who are supportive and helpful when needed	Has culturally & linguistically appropriate information about community resources and services available Verbalizes past successes in accessing services Has friends and family in area who are supportive and helpful when needed					
O	USE C	LINICAL JUDGEMENT BASED ON ASSESSME	NT OF INDICATORS AND COPING STRATEGIES	SUSED					
Overall Access and Utilization of Care Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)					

	KAA#2: Women's Health					
		Leve	el of Strength			
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)		
2a: Family Planning	Unable to Assess	 No knowledge of BCM Never used BCM Unplanned pregnancy May have Hx of STI Unable to negotiate BCM use with partner 	 Some Knowledge of BCM options Used BCM in past Unplanned pregnancy May have Hx STI Conflict with partner on BCM use 	 Success with BCM Planned pregnancy No hx of STIS Partner supportive of BCM 		
2b: STI's/HIV	Unable to Assess	Never practices safer sexHigh risk for STI	Usually practices safer sexModerate risk for STI	Practices safer sexVerbalizes barrier methodsLow risk for STIs		

Health Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Overall Women's				
	USE C	CLINICAL JUDGEMENT BASED ON ASSESSME	NT OF INDICATORS AND COPING STRATEGIE	S USED
2d: Other Women's Health Concerns	Unable to Assess	Pregnancy result of trauma Does not verbalize danger/complication signs in pregnancy and does not know when to contact health care provider. Does not verbalize knowledge of normal maternal physical changes in first year of parenthood. Lack of knowledge re health concerns PCP not identified Inadequate Hx of annual physical exam with screenings CLINICAL JUDGEMENT BASED ON ASSESSME	 Hx of prior pregnancy loss but received professional help Verbalizes some danger /complication signs in pregnancy and knows when to contact health care provider. Verbalizes some knowledge of normal maternal physical changes in first year of parenthood. Verbalizes some health concerns Identifies PCP Irregular Hx of physical exams with screenings 	 No Hx of prior pregnancy loss Verbalizes danger/complication signs in pregnancy and knows when to contact health care provider. Verbalizes knowledge of normal maternal physical changes in first year of parenthood. Verbalizes health concerns Identifies PCP Annual physical exam with screenings-knows results
2c: Reproductive Health	Unable to Assess	 Pregnancy at high risk for poor outcomes Hx of prior pregnancy loss 	 Pregnancy with complications but coping well 	 Free from health complications and major stress during pregnancy
		 Inadequate prenatal care 	 Receiving prenatal care 	 Adequate prenatal care

		Leve	l of Strength	
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
3a: Mom's Oral Health	Unable to Assess	 Never received dental care Irregular brushing Does not use floss No fluoride 	 Irregular dental care No cleaning during pregnancy Brushes daily Irregular floss Occasional fluoride in diet 	 Regular dental care Cleaning during pregnancy Brushes at least 2x day Flosses 1x a day Verbalizes connection between oral hygiene and preterm birth Fluoride in diet
	USE C	LINICAL JUDGEMENT BASED ON ASSESS	MENT OF INDICATORS AND COPING STRAT	EGIES USED
Overall Oral Health Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

			: Nutrition of Strength	
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
4a: Maternal Nutrition and Weight Gain	Maternal Nutrition and Unable to Assess Nutrition and No Knowledge of basic nutrition, Hx. of eating problems Over weight or under weight for Over weight or under weight for		 Some knowledge of basic nutrition May have Hx of eating problems Maintaining healthy weight for pregnancy is challenging Does at times follow recommended special diet May lack food representing some of the food groups for meeting families needs Some knowledge/ inconsistently avoids foods, herbals, OTC, and medications that may be harmful 	 Knowledge of food groups No Hx. of eating problems Maintains healthy weight for pregnancy Able to follow any recommended special diet Adequate food representing all food groups for meeting families needs Avoids foods, herbals, OTC, and medications that may be harmful
	USE C	LINICAL JUDGEMENT BASED ON ASSESSME	ENT OF INDICATORS AND COPING STRATEGIE	S USED
Overall Nutrition Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

		Leve	l of Strength		
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)	
5a: Plans for Breastfeeding	Unable to Assess	 Doesn't understand benefits of breastfeeding Does not intend to breastfeed Unwilling to access breastfeeding information Partner/family unsupportive and uninformed about breastfeeding 	 Undecided about breastfeeding Undecided or unable to access breastfeeding info Partner/Family supportive but may not be informed 	 Verbalizes benefits of breastfeeding Able to access breastfeeding info Partner/Family supportive and informed of breastfeeding 	
	USE C	LINICAL JUDGEMENT BASED ON ASSESS	MENT OF INDICATORS AND COPING STRATEGIE	S USED	
Overall Breastfeeding Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)	
Additional Comme	nts:				

			ysical Activity f Strength	
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
6a: Maternal Physical Activity	Unable to Assess	 Lack of knowledge of importance of physical activity for self/family. Lack of knowledge of interrelationship between diet and physical activity. No regular physical activity, physician approves activity. Watches television more than 2 hours a day. No help for physical condition 	 Some knowledge of importance of physical activity for self/family. Some knowledge of interrelationship between diet and physical activity. Sporadic physical activity upon physician approval. Watches television about 2 hours a day. Some help for physical condition 	 Knowledge of importance of physical activity for self and her family. Knowledge of interrelationship between diet and activity. Participates in regular physical activity upon physician approval. Watches television less than 2 hours a day. Adequate help for physical condition
ı	USE C	, , ,	NT OF INDICATORS AND COPING STRATEGIE	1 1 7
Overall Physical Activity Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

		KAA#7: Cognitiv	e and Perceptual	
		Level of	Strength	
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)
7a: Cognitive and Perceptual	Unable to Assess	 Limited cognitive and perceptual abilities; difficulty understanding and using new information. Unable to verbalize methods of learning that are most effective for her. Verbalizes/demonstrates no confidence in problem solving abilities; unable to describe rationale behind decisions made. 	 May have limited cognitive and perceptual abilities; able to understand & use new information. Verbalizes some methods of learning that are most effective for her. Verbalizes/demonstrates some confidence in problem solving abilities; able to describe rationale behind decisions made. 	 Adequate cognitive and perceptual abilities; able to understand and use new information. Verbalizes methods of learning that are most effective for her. Verbalizes/demonstrates confidence in problem solving abilities; able to describe rationale behind decisions made.
	USE C	LINICAL JUDGEMENT BASED ON ASSESSME	NT OF INDICATORS AND COPING STRATEGIE	S USED
Overall Cognitive and Perceptual Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Additional Commer	nts:			

	KAA#8: Environmental Health and Safety							
	Level of Strength							
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)				
8a: Lead Poisoning	Unable to Assess	 Lead in environment Denies dangers of lead poisoning; precautions not taken Unable or unwilling to access annual lead testing of children 	 Concern for lead in environment Verbalizes some of the dangers of lead poisoning; some precautions are taken Some barriers or has not accessed annual lead testing of children 	 Lead free environment Verbalizes the dangers of lead poisoning; precautions are taken Verbalizes the need for annual lead testing of children to the age of four. 				

Environmental	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)
Overall	USE C	LINICAL JUDGEMENT BASED ON ASSESSME	NT OF INDICATORS AND COPING STRATEGIES	S USED
8e: Occupational Hazards	Unable to Assess	 Exposed to occupational hazards Precautions not taken 	 Verbalizes some knowledge of occupational hazards Precautions taken inconsistently 	No exposure to occupational hazards Precautions taken
8d: Housing	Unable to Assess	 Major safety concerns with housing exists (i.e. fire, mold, animals) Neighborhood unsafe No smoke detectors in place or functioning 	 Some safety concerns with housing Some concerns for safety of neighborhood Some smoke detectors in place and functioning 	 No major safety concerns with housing Neighborhood is safe Smoke detectors are in place and functioning
8b: Asthma 8c: Injury Prevention	Unable to Assess Unable to Assess	asthma not controlled Unable to verbalize triggers of asthma including molds, pet dander, dust mites, second hand smoke, and cockroaches Precautions not taken Parent does not know First Aid/CPR Emergency numbers not available Does not use seat belt Does not verbalize knowledge of car seat safety and does not plan or cannot obtain approved car seat Does not verbalize knowledge of major childhood injury risks and does not practice prevention Does not verbalize knowledge of common safety hazards in home and does not practice prevention Does not use appropriate handwashing Weapons present and not secured	 Asthmatic child present in home and asthma somewhat controlled Verbalizes some of the triggers of asthma including molds, pet dander, dust mites, second hand smoke, and cockroaches Some precautions taken Parent learning basic First Aid/CPR Some emergency numbers available Inconsistent use of seat belt Learning car seat safety and experiences some barriers in obtaining approved car seat Some knowledge of major childhood injury risks and inconsistently practices prevention Some knowledge of common safety hazards in home and inconsistently practices prevention Inconsistent handwashing Weapons present but secured appropriately 	present with asthma in control Verbalizes the triggers of asthma including molds, pet dander, dust mites, second hand smoke, and cockroaches Precautions are taken Parent knows basic First Aid/CPR Emergency numbers available including poison control Consistent use of seat belt Verbalizes car seat safety and plans to obtain approved car seat Verbalizes knowledge of major childhood injury risks and consistently practices prevention Verbalizes knowledge of common safety hazards in home and consistently practices prevention Consistent, appropriate handwashing Weapons not present

KAA#9: Alcohol, Tobacco, and Other Drugs					
Level of Strength					
Screening Tool: 5 P's Screening Tool and Intervention:	A Brief	ntervention:			
Did any of your Parents have a problem with alcohol or other drug use?	ASK: S	ASK: Screen using the 5 P's			
Do any of your friends (Peers) have problems with alcohol or other drug use?	ASSESS	ASSESS: Is there a current problem? If so, how severe?			
Does your Partner have a problem with alcohol or drug use?	ADVISE	ADVISE: Recommend abstaining from alcohol/ drug use during			
Before you were pregnant did you have a problem with alcohol or drug use? (Pa	st) pregnan	pregnancy. Work with patient's reaction using Motivational Interviewing			
In the past month, did you drink any beer, wine or liquor, or used other drugs? (regnancy) skills. P	rovide educational ma	aterials to patient as needed. Refer to		
Have you SMOKED any cigarettes in the past three months?	substan	substance abuse professionals for further assessment if necessary.			
A single "YES" to any of these questions suggests further assessment and brief inter	ention. MONITO	R: Follow-up on use	and provide support		
Indicators Unable to Assess 1 (low)	2 (mo	derate)	3 (high)		

9a: A/OD Screen	Unable to Assess	 Positive screen, client use Use significantly impacts family functioning or precipitating family crisis 	Positive screen for Peers, Partner, and Past– no current use Family use mildly impacts family functioning	Negative Screen
9b: Tobacco	Unable to Assess	Mother smokes Smoking in home exposes family members to second hand smoke INICAL JUDGEMENT BASED ON ASSESSME.	Mother has Hx of smoking Smokers in home smoke outside of the home NT OF INDICATORS AND COPING STRATEGIE	Mother has no Hx of smoking No use in home S USED
Overall Alcohol, Tobacco, and Other Drugs Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)

	KAA#10: Violence								
Level of Strength									
Initial DV Screening			Intervention:						
		th a boyfriend/partner/husband?		Educate/support					
		hit, kicked, choked, or threatened you?		 Thank her for disclosure 					
	d/partner/husband eve			 Articulate concern for safety and well-being 					
		nted or forced sexual contact?		 Offer referral/resources 					
		ay in your relationship currently?		Follow-up soon					
		ons answered positively:		 Develop safety plan if appropriate, consult with DV 					
		e about what is making you feel unsafe?		Advocate at SAFELINK at 877-785-2020					
 If current viole 	nce - Has the violence	increased or become more severe recently?	•						
 Will you be saf 	e when he/she comes	home today?		Assess child sa	fety – file 51A if needed, consult with DSS				
 Do you feel yo 	u need immediate inter	rvention?		DV Unit at 617-748-2335					
Indicators	Unable to Assess	1 (low)	2 (moderate)		3 (high)				
		 IPV endangering safety of any family 	Positive IPV screen > one	year ago and	 Negative IPV screen 				
	10a: Interpersonal Unable to Assess members		no current risk						
and Family Positive screen within one year		 No present/ Hx of IPV with current 							
Violence			ailu funationina						
		Does not interfere with fanChildren may show some		Children live with one or both parents in					
Tob: Child Abuse Unable to Assess Children have been or will be placed outside home Children have been or will be placed behavioral issues					stable family				
and Neglect					Parents/partners communicate well with				

■ Current DSS involvement ■ Hx of DSS involvement but resolved

USE CLINICAL JUDGEMENT BASED ON ASSESSMENT OF INDICATORS AND COPING STRATEGIES USED

address conflict productively

& consistently provide structure

Hx of abuse but have received

professional help.

Parents may question ability to set limits

2 (moderate)

each other and with children

No Hx of DSS involvement

Children appear happy/ well-adjusted

Parents confident in setting limits

Hx of abuse/ neglect for self or kids

3 (high)

Level of Strength 0 (Unable to Assess)
Additional Comments:

Overall Violence

EHS Page 7

one/both parents & kids

discipline and abuse

Open conflict between parents

Parents unable to distinguish between

1 (low)

Children have witnessed IPV

		KAA#11: Em	otional Health			
			Strength			
Over the last 2 wee 0=Not at All 1=Sev 1. Had little intered 2. Feeling down,	veral Days 2=More that est or pleasure in doing depressed or hopeles d or panicky for no reas	u been bothered by the following problems? an half the days 3=Nearly every day g things? 0 1 2 3 s? 0 1 2 3	 Full Screen if ≥3: 1. Functional impairment: Have these problems made it difficult for you to do your work, take care of things at home, or get along with other people? Yes No 2. Major new life stressors? Yes No 3. Previous Hx of depression emotional health concerns? Yes No 4. Current treatment for depression/MH condition? Yes No 5. Thoughts of being better off dead, hurting self or hurting others? Yes No 			
Indicators	Unable to Assess	1 (low)	2 (moderate)	3 (high)		
11a: Psychosocial or mental health issues including post partum depression	Unable to Assess	Score ≥ 3 on Emotional Health Screen Responds positively to Full Screen No Knowledge of PPD Changes in appetite, sleep, energy or activity that impact ADL Hx of depression or hospitalization Current use of antidepressants Current or Hx of suicide or expression of wanting to hurt others	 Score 1-2 on Emotional Health Screen Some knowledge of PPD Some changes in appetite, sleep, energy or activity, but no major impact on ADL Hx of depression – treated professionally No past hospitalization Past use of antidepressants Hx of suicidal ideationtreated professionally 	Score 0 on emotional health screen Knowledge of PPD No changes in appetite, sleep, energy or activity level except as related to normal PP changes No current or past Hx of depression No past hospitalizations No Hx/current use of antidepressant No Hx/current suicidal ideation or expressions of wanting to hurt others		
11b: Maternal Stress and Anxiety	Unable to Assess	 Positive response to #3 on Emotional Health Screen Physical or emotional stress – feeling overwhelmed Current unhealthy coping mechanism (drugs, unsafe sex, excessive food, tobacco use, uncontrolled anger/violence, rage) 	 Negative response to #3 on Emotional Health Screen Some physical or emotional symptoms indicating stress Hx of poor coping strategies but recognizes/sought professional help 	Negative Response to #3 on Emotional Health Screen No physical or emotional symptoms indicating stress response Current healthy coping strategies Avoids unhealthy coping mechanisms (drugs, unsafe sex, excessive food, tobacco, violence)		
11c: Trauma and Loss	Unable to Assess	Current trauma or loss Poor coping in response to trauma or loss Hx/Current abuse (sexual, physical, verbal) not addressed Witnessed violence	 Hx/Current trauma/loss-sought professional help Hx of poor coping in response to trauma/loss-sought professional help Hx of abuse (sexual, physical, verbal)-professional help sought Witnessed violence-professional help sought 	 No Hx of trauma or loss Healthy coping in response to trauma or loss No Hx of abuse (sexual, physical, verbal) No violence witnessed 		
11d: Self Concept/Self Perception	Unable to Assess	 Poor sense of self/ low self-esteem Negative impact of parenthood on lifestyle 	Hx of low self-esteem Some negative impact of parenthood on lifestyle but positive impact outweighs negative impact	 Positive sense of self Positive impact of parenthood on lifestyle 		
11e: Relationships	Unable to Assess	 Feels isolated from people, agencies, services or unable to access help with physical, emotional and social needs Feeling alienated/isolated from partner, family, and/or friends 	 Identifies people, agencies, services for help with physical, emotional and social needs; not always accessed Relationship with partner, family and/or friends is sometimes strained 	 Identifies people, agencies, services for help with physical, emotional and social needs Communicative, supportive and close relationship with partner, family and friends 		
	USE (LINICAL JUDGEMENT BASED ON ASSESSME	NT OF INDICATORS AND COPING STRATEGIE	SUSED		
Overall Emotional Health Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)		

KAA#12: Healthy Parenting							
Level of Strength							
Indicators	Unable to Assess	1 (low)	3 (high)				
12a: Parent's Expectations	Unable to Assess	 Pregnancy has negative impact on family Pregnancy precipitating family crisis Unable to verbalize likable traits of baby Unrealistic expectations of baby's impact on family functioning 	 Pregnancy adding serious stress to family but coping well Pregnancy contributes to family instability Verbalizes some likable attributes of baby Some unrealistic expectations of baby's impact on family functioning 	Verbalizes acceptance of & happiness with pregnancy Pregnancy welcomed and desired by family Verbalizes likable attributes of baby Realistic expectations of baby's impact on family functioning			
	USE	CLINICAL JUDGEMENT BASED ON ASSESSM	ENT OF INDICATORS AND COPING STRATEGIE	S USED			
Overall Healthy Parenting Level of Strength	0 (Unable to Assess)	1 (low)	2 (moderate)	3 (high)			
Additional Comm	ents:						

KAA#13: Neonatal and Developmental Assessment: 0 (Unable to Assess)

KAA#14: Medical History and Physical Assessment									
Age:	GR:		P:	EDC:	Height:	Weight:	If Indicated:	B/P:	HR:
RR:	Temp:	Allergies:		Current I	Medications	s:	CAD	HTN	
Diabetes	Seizure	es	Asthma	Urina	ry .	Anemia/Coag	Thyroid Dx	Oste	eoporosis
Mental Illnes	SS	Surgeries		Cancers (Breast, Ov	arian, Colo	n)	Risk: Average?	Las	st CBE
Last Mammo	ogram	E	3irth Defects/G	enetic Susceptibility		Diet	BC Plans	Any Risk Fac	tors
Skin: NP (Cap refill/Temp/Turgur WNL) Edema lesions erythema pruritus GI: NP(Adequate Appetite ,Appropriate wt. Gain) Anorexia Nausea Vomiting Constipation									
GU: NP, Burning Frequency Incont. Painful Color Clarity Prenatal: 1st trir 2nd tri 3rd tri Repro: NP increased/changed discharge odor bleeding Concerns:									
Overall P	Overall Physical Assessment Level of Strength 0 (Unable to Assess) 1 (Iow) 2 (moderate) 3 (high)								